

ENV 501 / GR A3 30

Material Flow Analysis and resource management

Prof. Dr. Claudia R. Binder claudia.binder@epfl.ch

Dr. Maria A. Hecher maria.hecher@epfl.ch

Dr. Francisco Xavier Felix Martin Del Campo francisco.felixmartindelcampo@epfl.ch

Exercices Teacher Assistant Jaïr Campfens jair.campfens@epfl.ch

Student Assistant Alicia Pérez Domouso alicia.perezdomouso@epfl.ch

- MFA and EW-MFA: definitions
- Main material categories in EW-MFA
- EW-MFA indicators
- Data Sources
- How to perform an EW-MFA
- Cross-country comparisons

8:15 - 9:00 and 9:15 - 10:00

13:15 - 14:00

14:15 - 15:00

Block I:
EW-MFA
global /
national

W1 - Sep 12

Introduction to the course and general concepts

All

Exercise

Project

W2 - Sep 19

EW – MFA and EW – MFA in different countries

FMC

Exercise

Project

W3 - Sep 26

EW – MFA in the Swiss context, Urban Metabolism

External Guest –
Florian Kohler

Exercise

Project

W4 - Oct 03

EW – MFA in the Swiss context: Cantons and Circular Economy

FMC

Exercise

Project

W5 - Oct 10

The Service-Stock-Flows Nexus

CRB

Exercise

Project

W6 - Oct 17

Dynamic MFA

External Guest –
Stefan Pauliuk

Exercise

Project

Oct 24

Autumn break

Block II:
MFA
regional /
urban

W7 - Oct 31

Spatial MFA

FMC

Exercise

Project

W8 - Nov 07

Input-Output Analysis and Material Flow Cost Accounting

External Guest –
Vincent Moreau

Exercise

Project

W9 - Nov 14

MFA and Uncertainty

External guest –
Stefan Pauliuk

Exercise

Project

W10 - Nov 21

Case studies: Waste management in Indonesia / Critical Raw Materials in the Swiss context

GF & FMC

Exercise

Project

W11 - Nov 28

Social Metabolism

CRB

Exercise

Project

W12 - Dec 05

Agent-based model

CRB, FMC, MAH,
SLC

Past exam

Project

W13 - Dec 12

Group Project Presentation

CRB, FMC, MAH

Project

Project

W14 - Dec 19

Group Project Presentation

CRB, FMC, MAH

Project

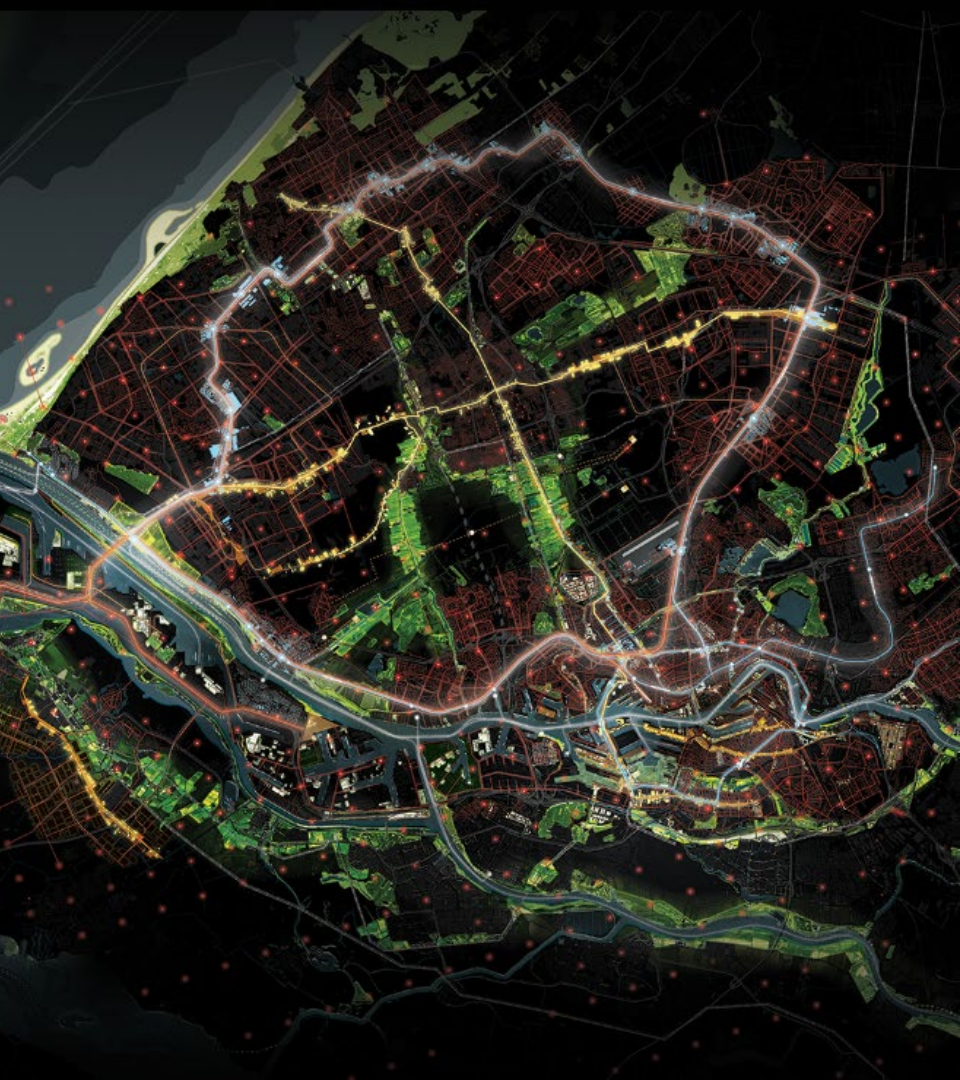
Project

Block III:
Social
sciences
and
public
policy



Content of lecture

- Urban Metabolism vs. Urban MFA
- System boundaries of cities
- Accounting approaches
- Where to find data
- Insights from Urban MFA's and policies

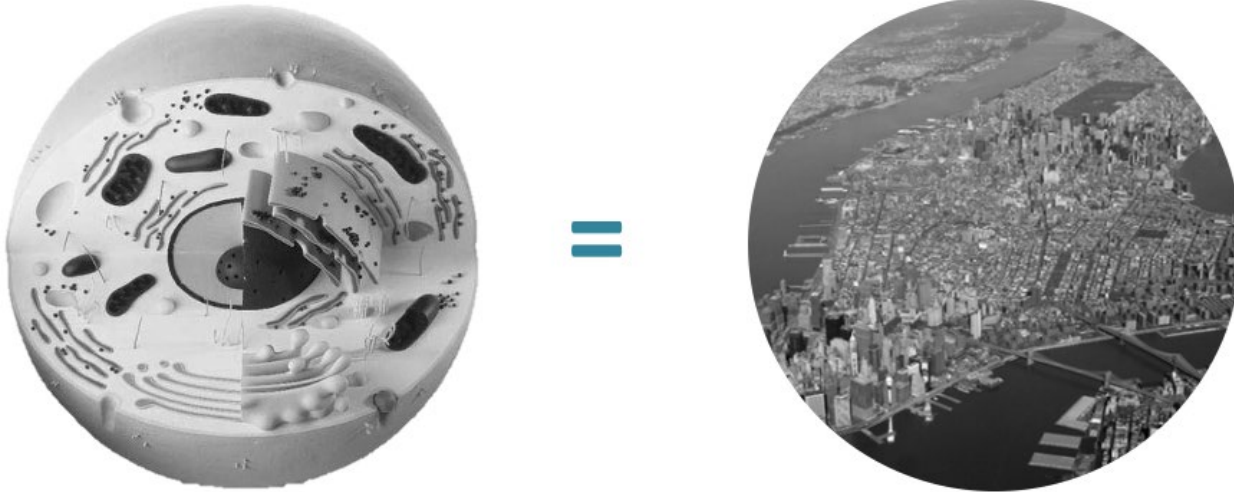


Urban Metabolism vs Urban MFA

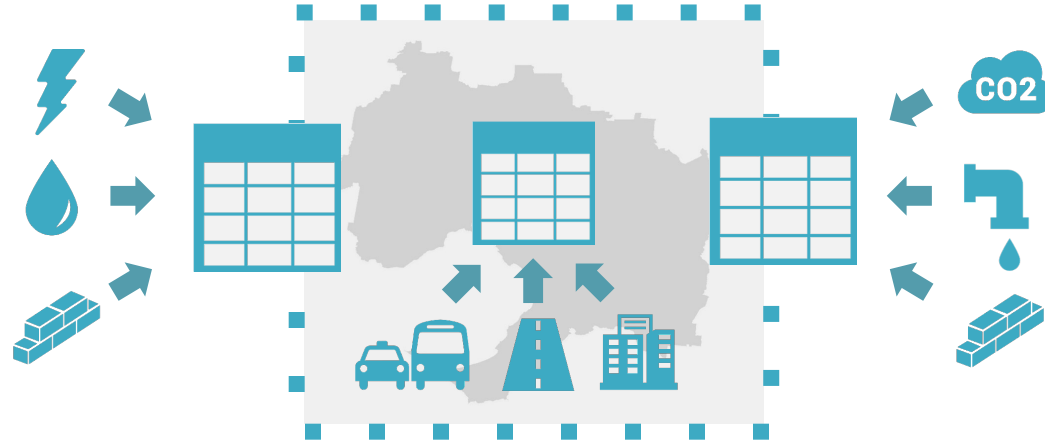
Definitions, relevance

Urban Metabolism $\neq$ Urban MFA

What is Urban Metabolism?

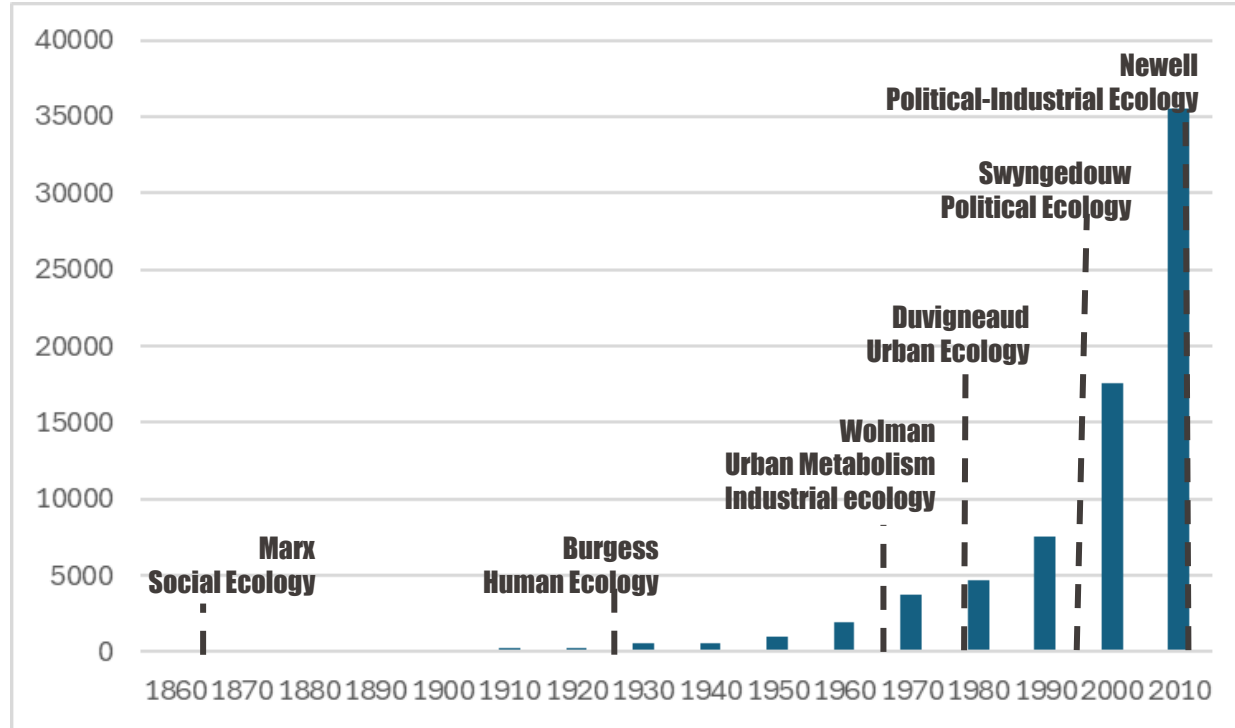


What is Urban Metabolism?



An (unconsolidated) field studying urban flow/stocks and actors from a systemic perspective

What is Urban Metabolism?



Use of « urban metabolism » over time

Source : Constellate

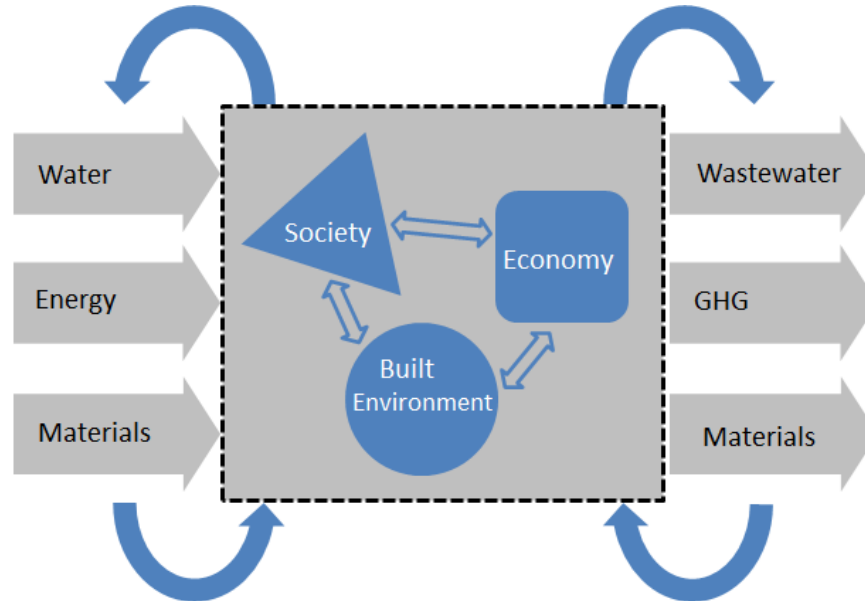
Definitions: Urban Metabolism

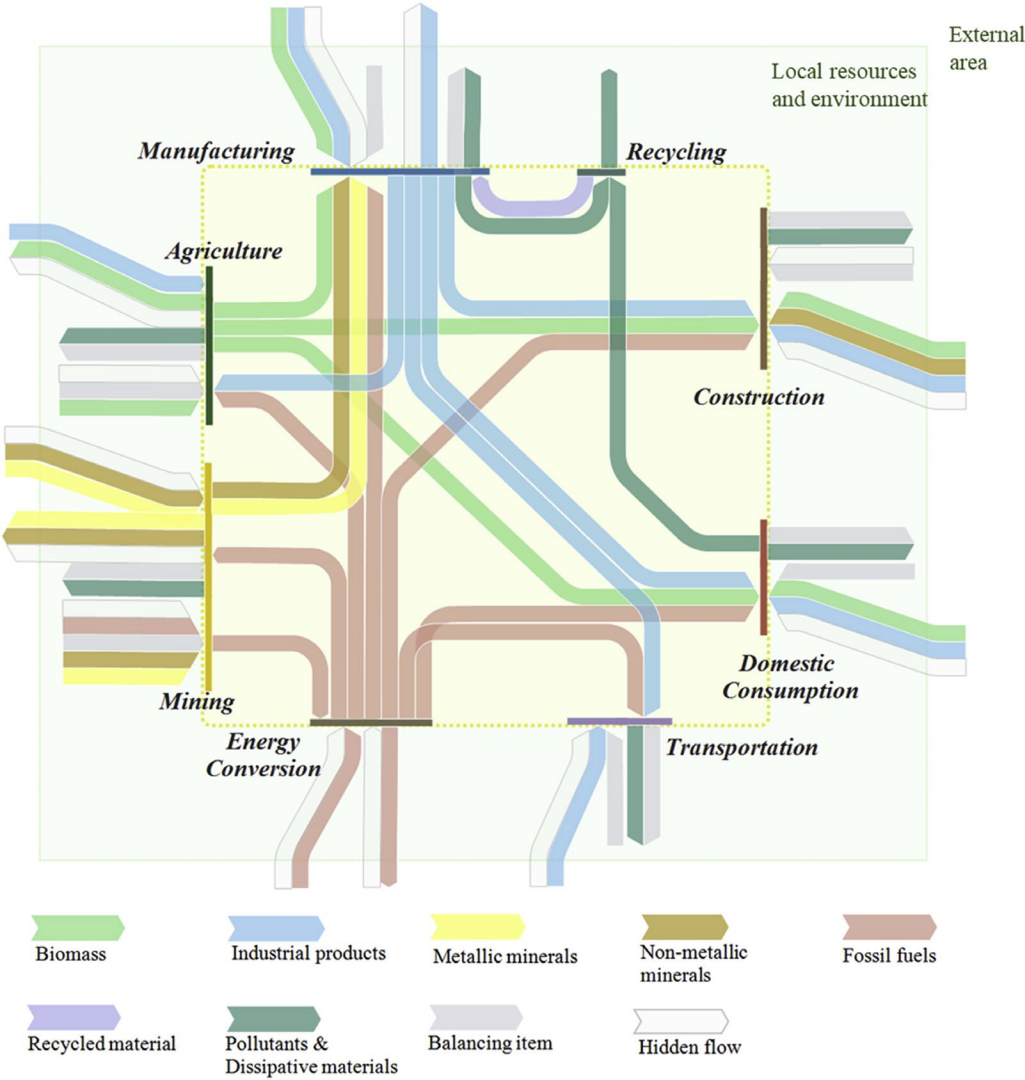
- ... a model to facilitate the description and analysis of the flows of the materials and energy within cities (material flow analysis of a city).
- **Industrial ecology:** UM as the total technical and socio-economic processes within a city. Mass-balance accounting (MFA) of the related flows of water, materials and energy, input-output; city-hinterland.
- **Marxist ecology / Urban political ecology (Human geography):** UM to characterize alienation of nature from society under capitalist regimes and urbanization, social power and the shaping of urban space. Qualitative analyses of the socioeconomic relations shaping the infrastructure, space and metabolism; dialectic nature-society.
- **Urban ecology:** UM as a complex system, the urban system as an ecosystem, structure and function, transformative processes emerging from system properties. Complex system models; nature-society hybridity.

Source : [Newell & Cousins 2016](#); [Broto et al. 2012](#)

Why is Urban Metabolism relevant?

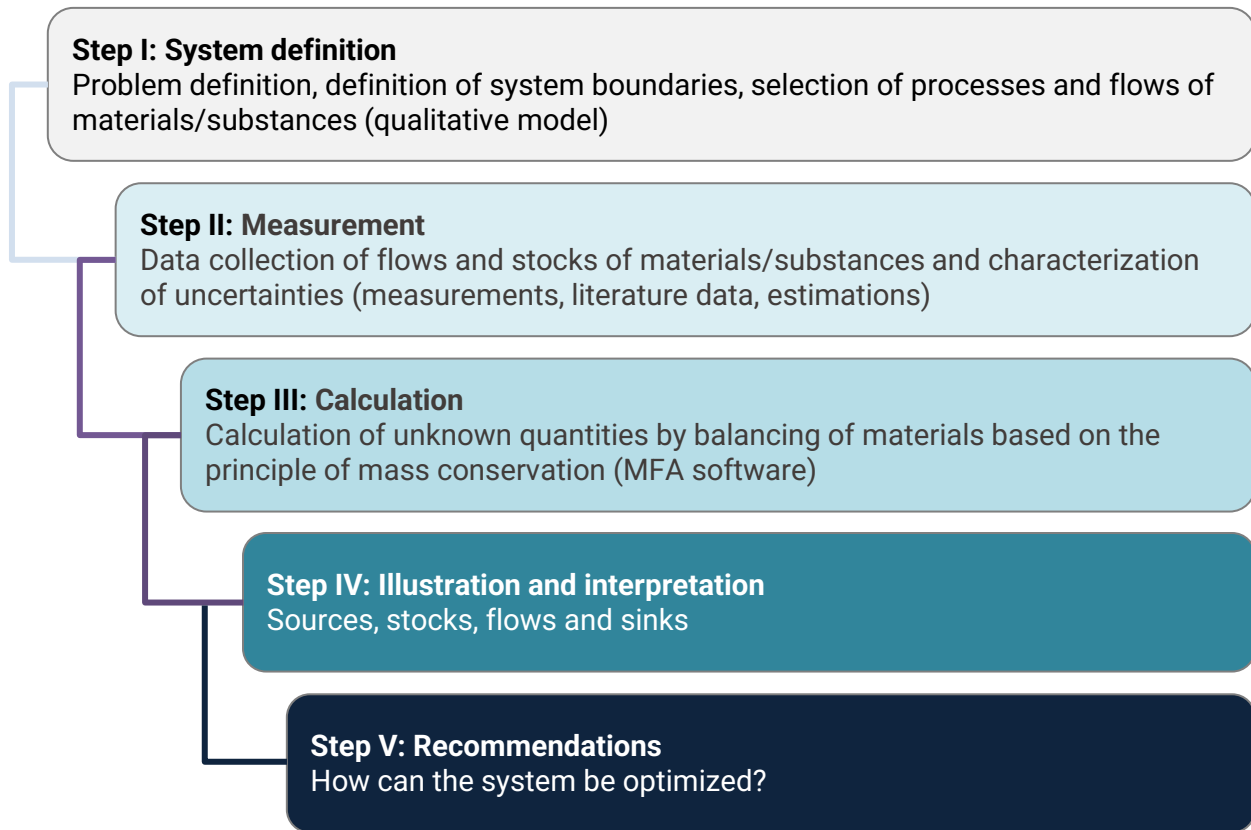
Interrelationship between urban activities and flows



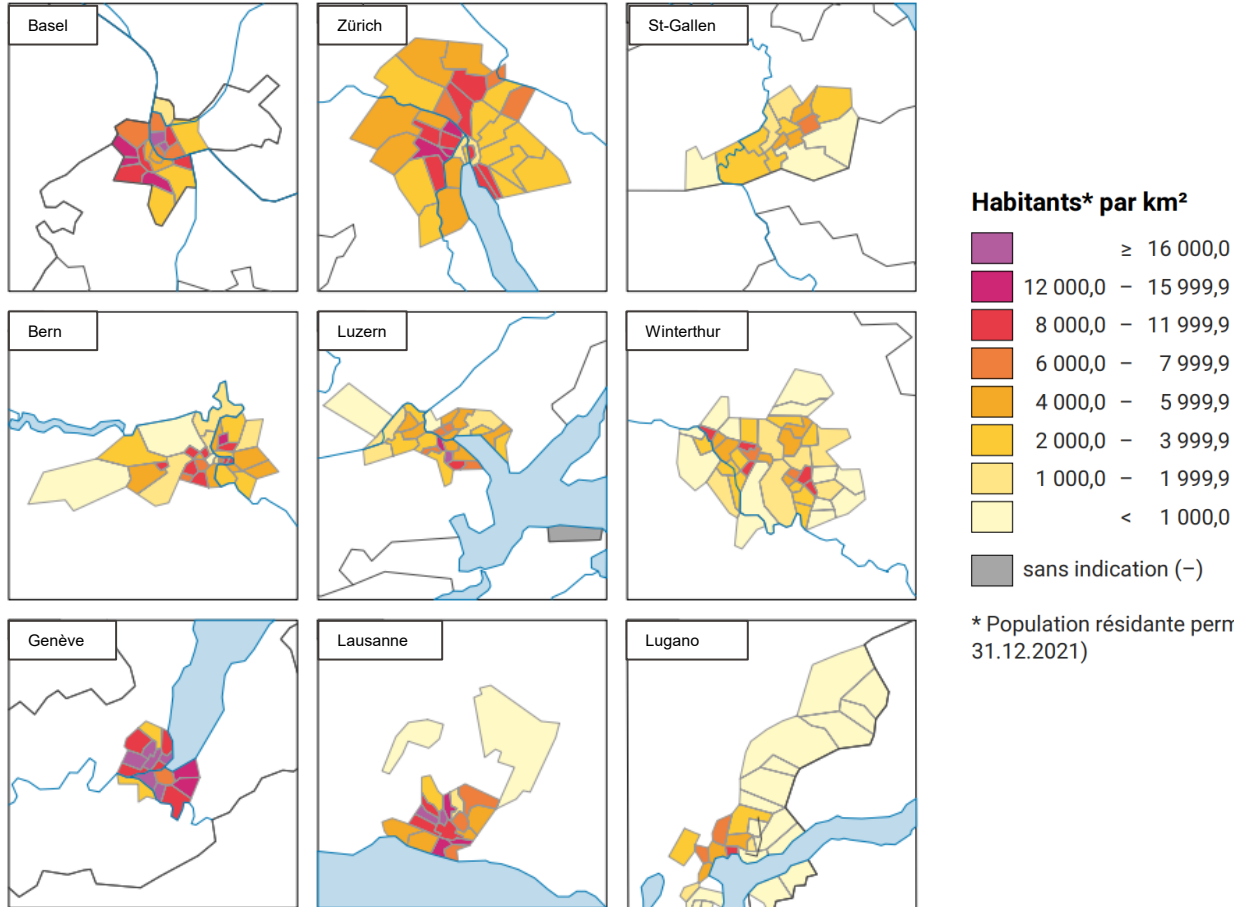


System boundaries of cities

Reminder: Steps of MFA



What is a city?



Source : OFS, 2022

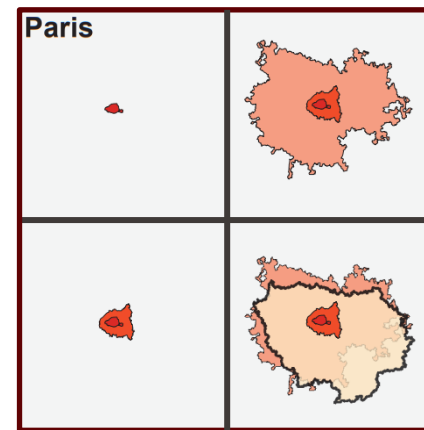
What is a city?

Spatial units

Data are collected for several levels:

- A **City** is a local administrative unit (LAU) where the majority of the population lives in an urban centre of at least 50 000 inhabitants.
The city of Paris has approximately 2 200 000 inhabitants
- The **Greater city** is an approximation of the urban centre when this stretches far beyond the administrative city boundaries.
The greater city of Paris has approximately 6 700 000 inhabitants.

- The **Functional Urban Area** consists of a city and its commuting zone.
The functional urban area of Paris has approximately 11 800 000 inhabitants.
- **Metropolitan regions** are NUTS 3 regions or a combination of NUTS 3 regions which represent all agglomerations of at least 250 000 inhabitants. These agglomerations were identified using the Functional Urban Area (FUA). Each agglomeration is represented by at least one NUTS 3 region. If in an adjacent NUTS 3 region more than 50% of the population also lives within this agglomeration, it is included in the metropolitan region.
The metropolitan region of Paris has approximately 12 000 000 inhabitants.

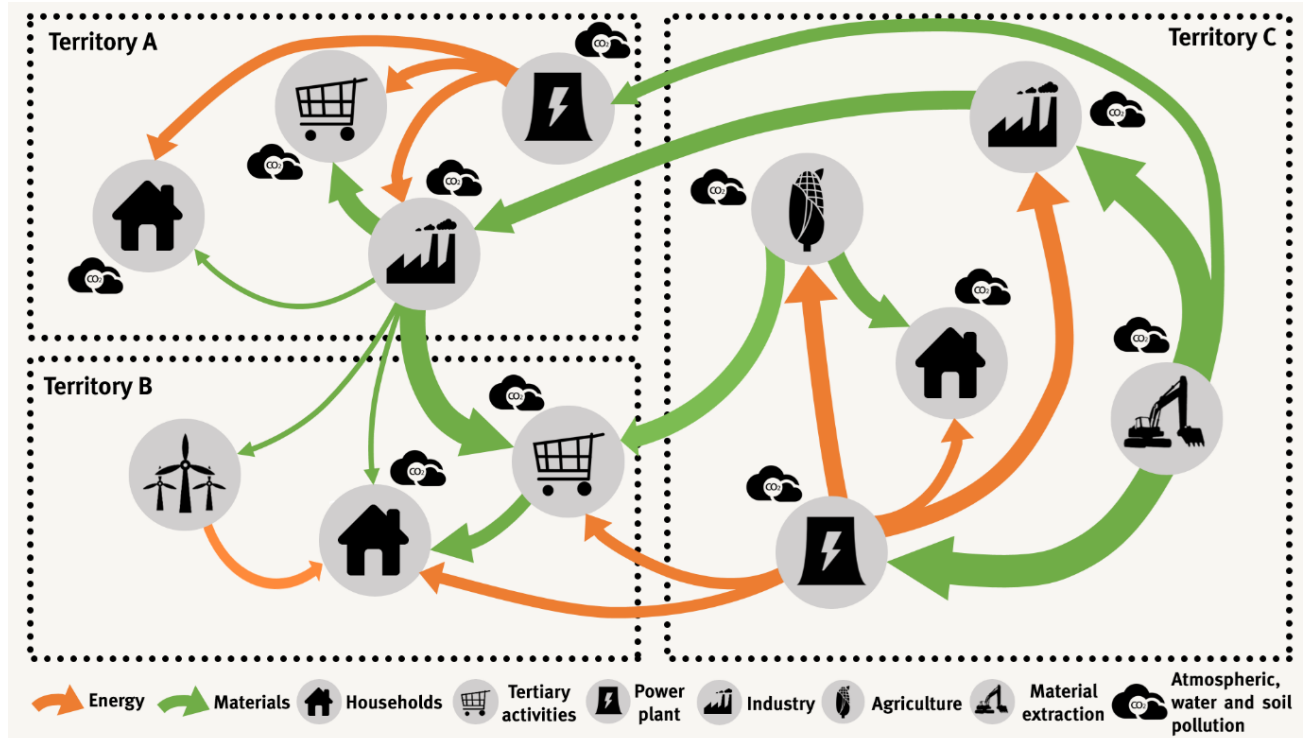


0 25 50 75 100 km

- City
- Greater city
- Functional urban area (FUA)
- Metropolitan region

Source : Eurostat, 2016

What boundaries to choose?



Global

trends and demands, international markets and actors and regional networks are projected top-down

FLOW ANALYSIS

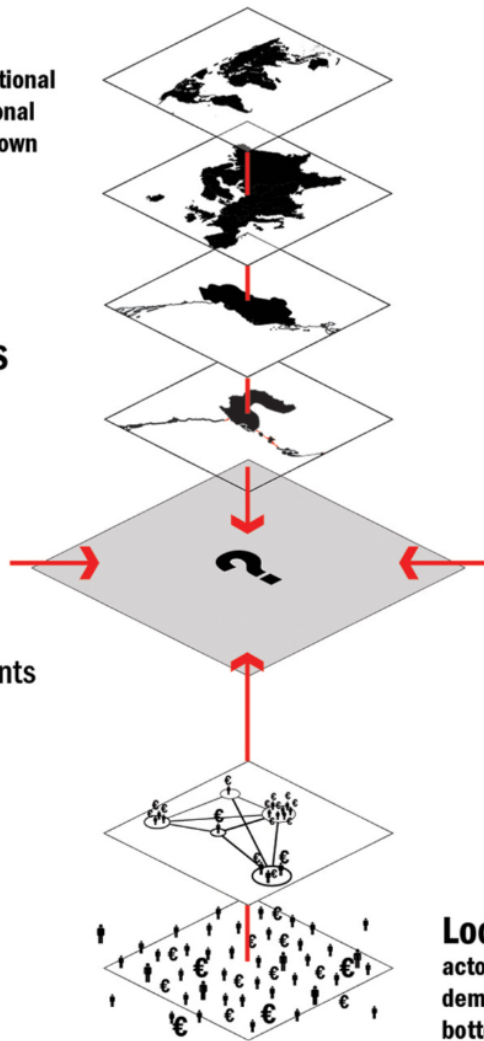
Energy
Air & Heat
Water
Food
Cargo
Waste
Sand & Sediments
People
Biota
Data

AREA APPROACH

Densities
Public space
Waterfronts
Parks
Public transport
Street sections
Parking
Ownership
Employment
Health services

Local

actors and assets, urban trends and demands and personal networks arise bottom-up

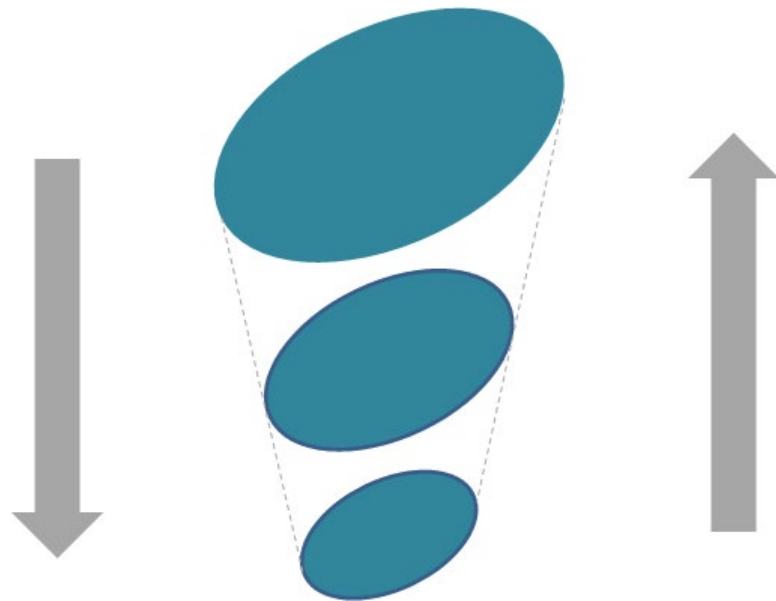


Accounting approaches and methods

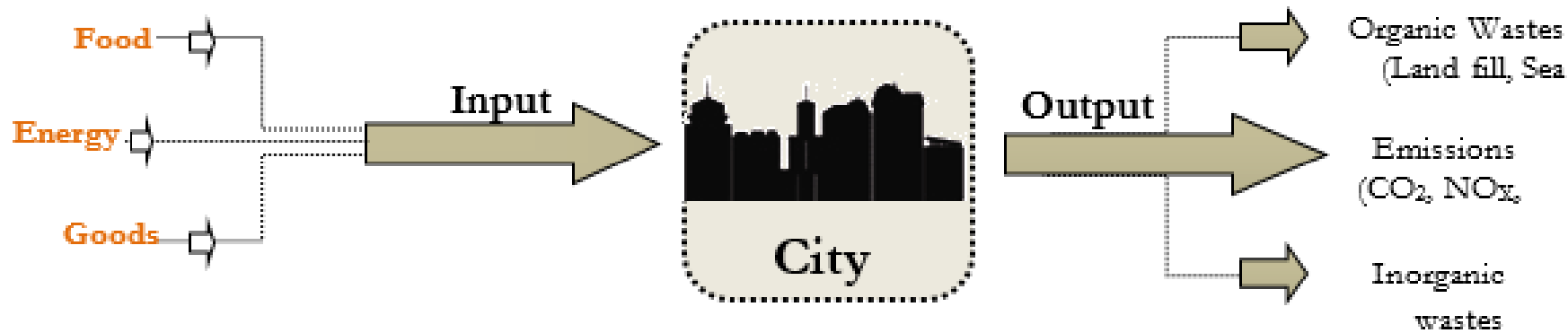
Accounting approaches and methods

- Top-down
- Bottom-up
- Territorial-based
- Consumption-based

Top-down vs Bottom-up



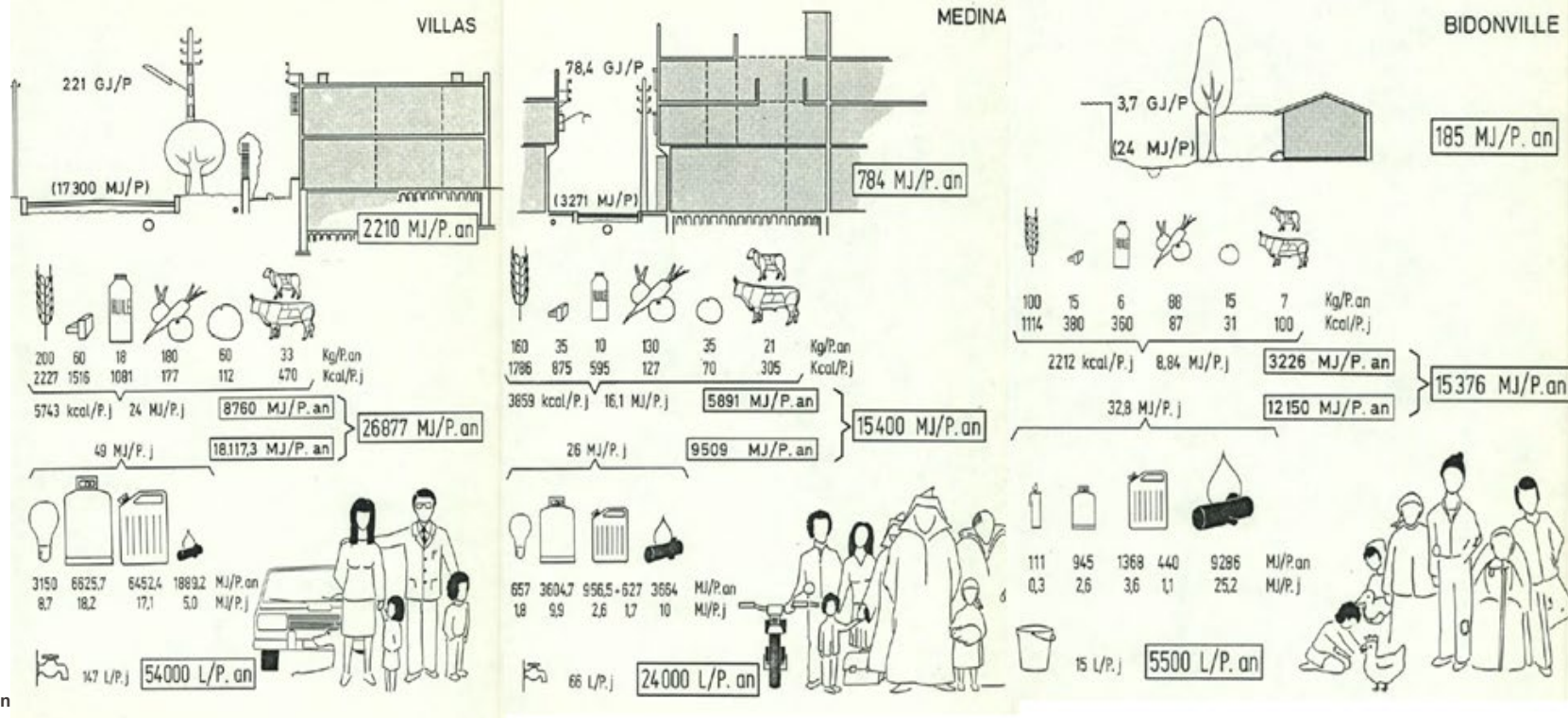
Top-down accounting



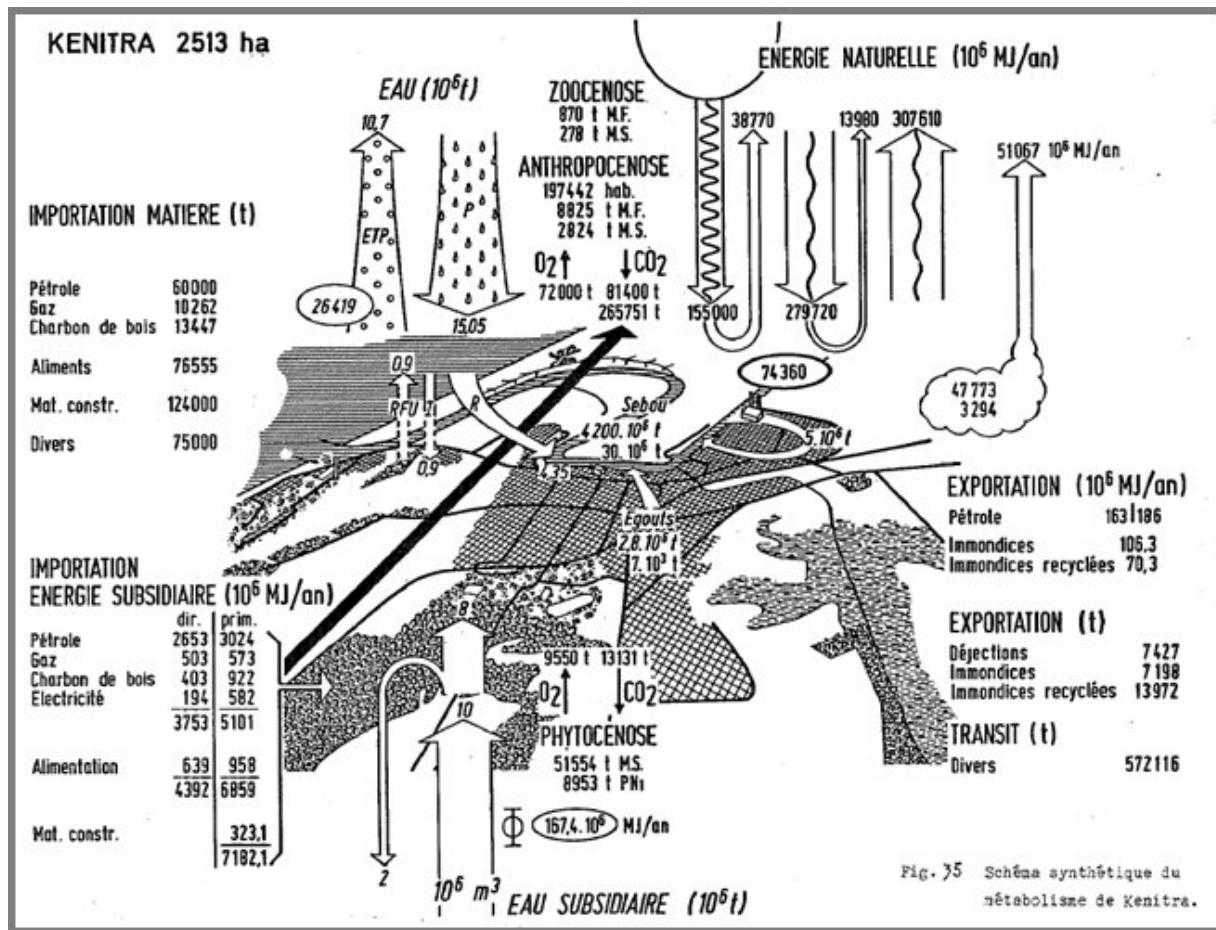
Bottom-up accounting

Kenitra, Morocco, 1982

Fig. 30 Consommation d'énergie résidentielle primaire et énergie innervée dans l'habitat et l'infrastructure, forme d'urbanisation individuelle.



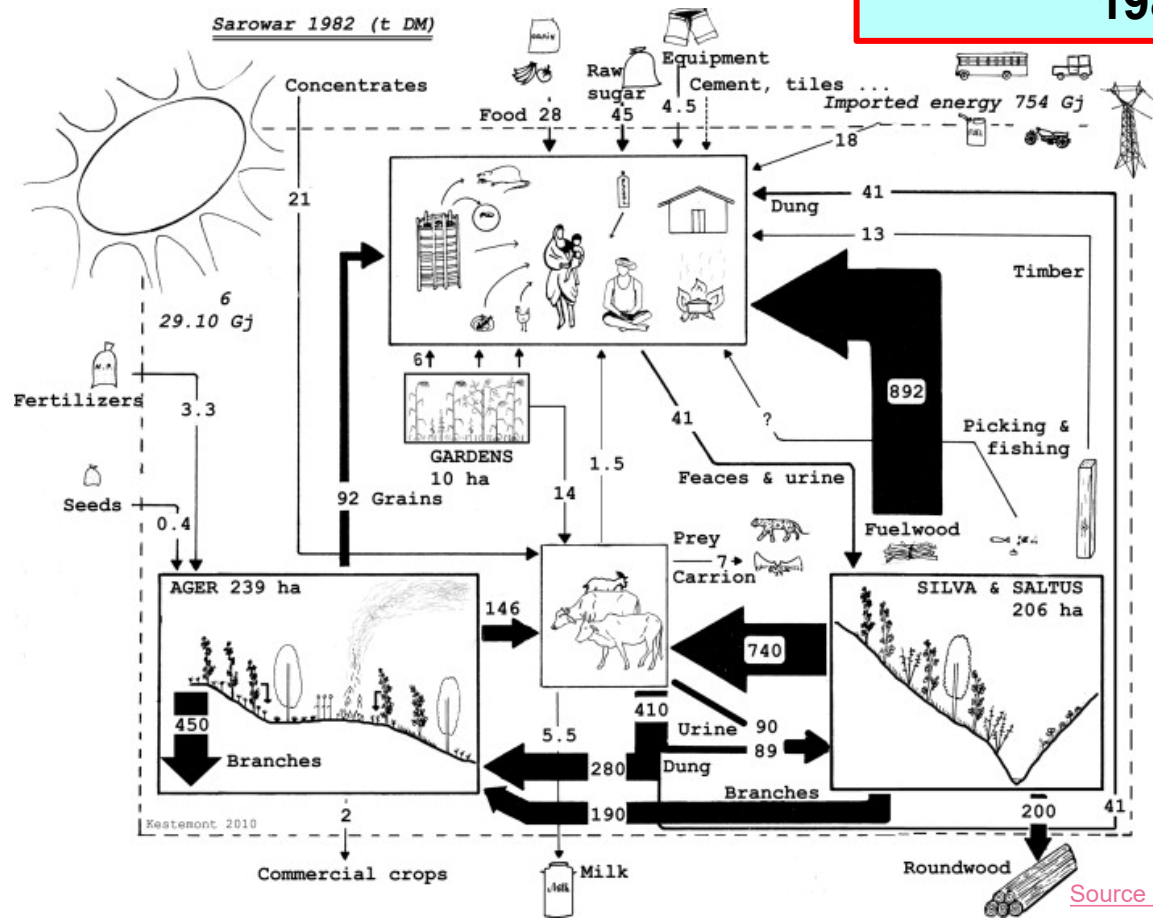
Source : Kempeneers, 1982



Source : Kempeneers, 1982

Bottom-up accounting

Sarowar village, India,
1982



Source : Kestemont & Kerkhove, 2010

Top-down vs Bottom-up.

Pro's of top-down

- Comparable to other years/cities
- Frequently published data
- Comparable to economic & urban data

Pro's of bottom-up

- Reliable data
- Relatively easy to develop
- Provides behavioural aspects

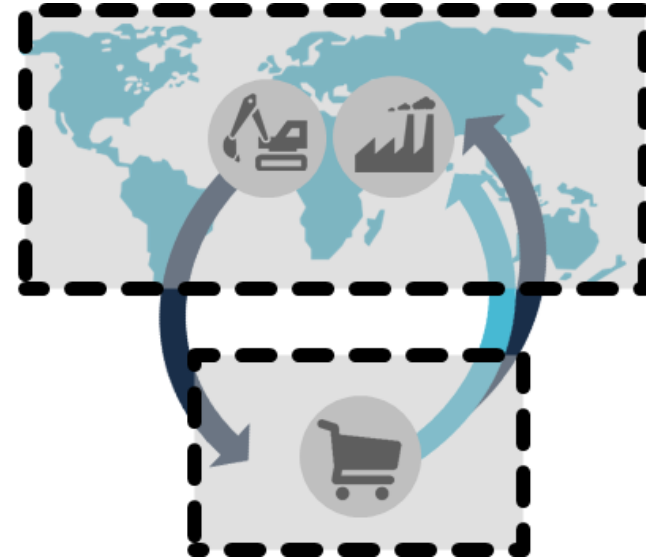
Con's of top-down

- Not available in data scarce environments
- Treats city homogeneously
- Requires institutional infrastructure
- Not always enough knowledge on what's measured

Con's of bottom-up

- Difficult to reproduce
- Time consuming

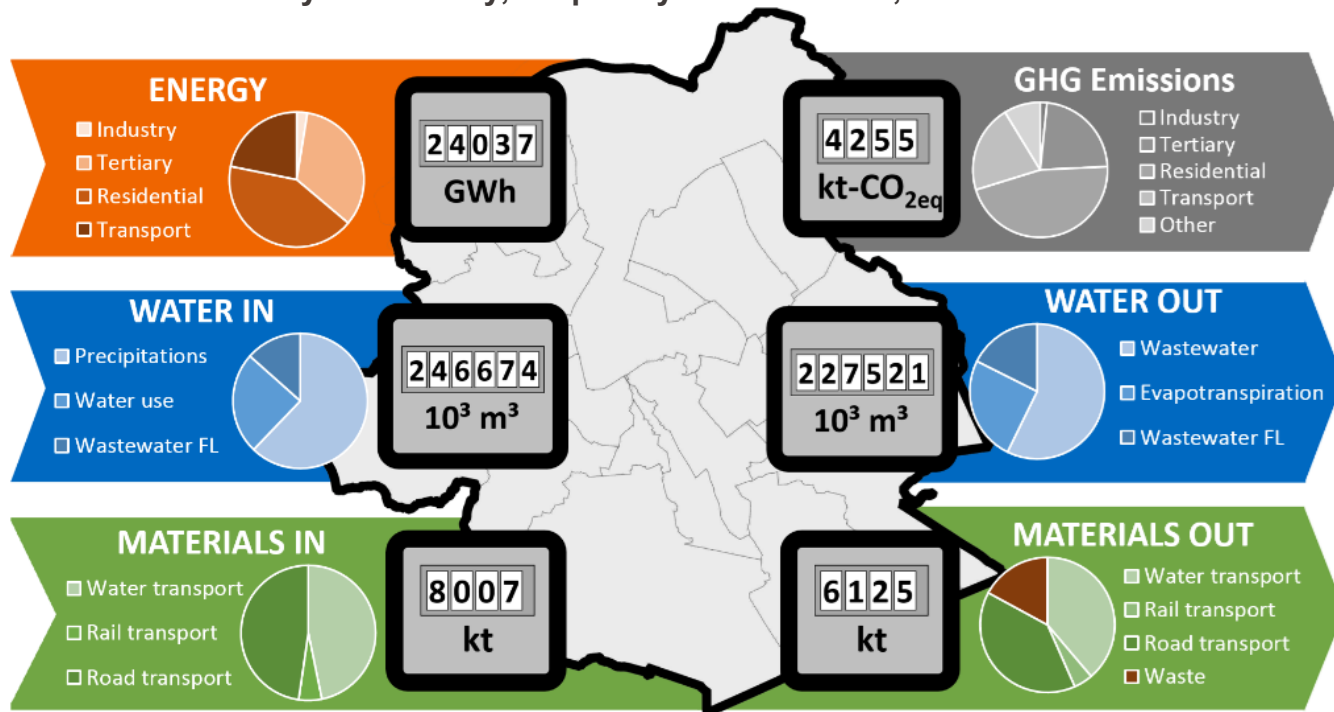
Territorial/production vs Consumption-based accounting



Territorial/production vs Consumption-based accounting

Brussels, 2010

Focused on your territory, frequently available data, sometimes accurate data

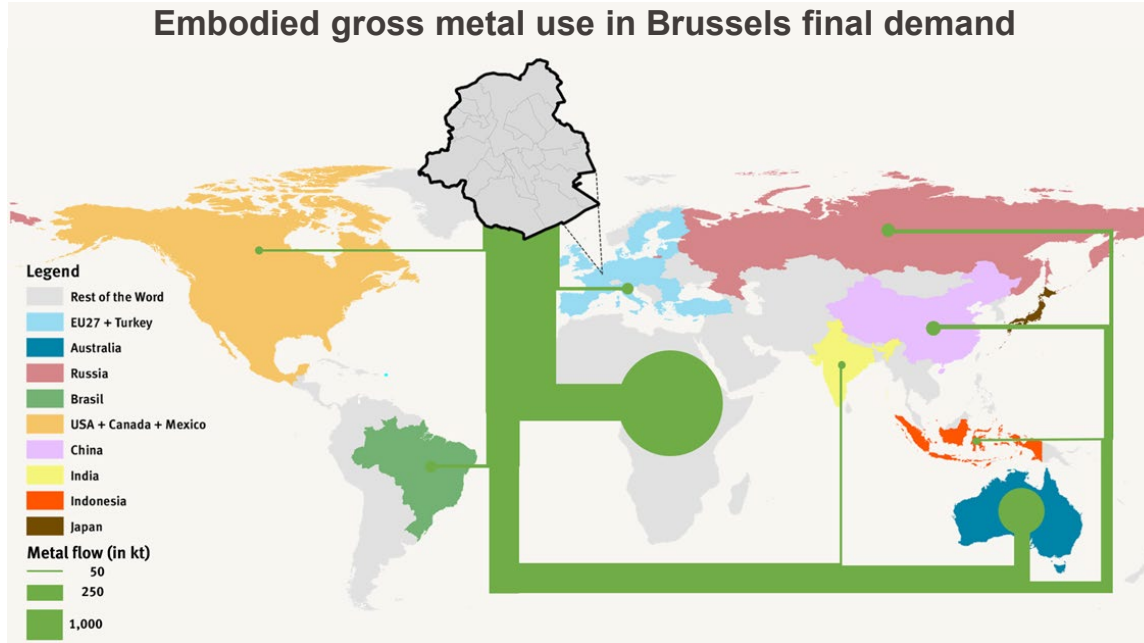


Source : Athanassiadis, et al., 2017

Consumption-based accounting

Brussels, 2010

Indirect/embodied flows, hinterland, need of local IO tables

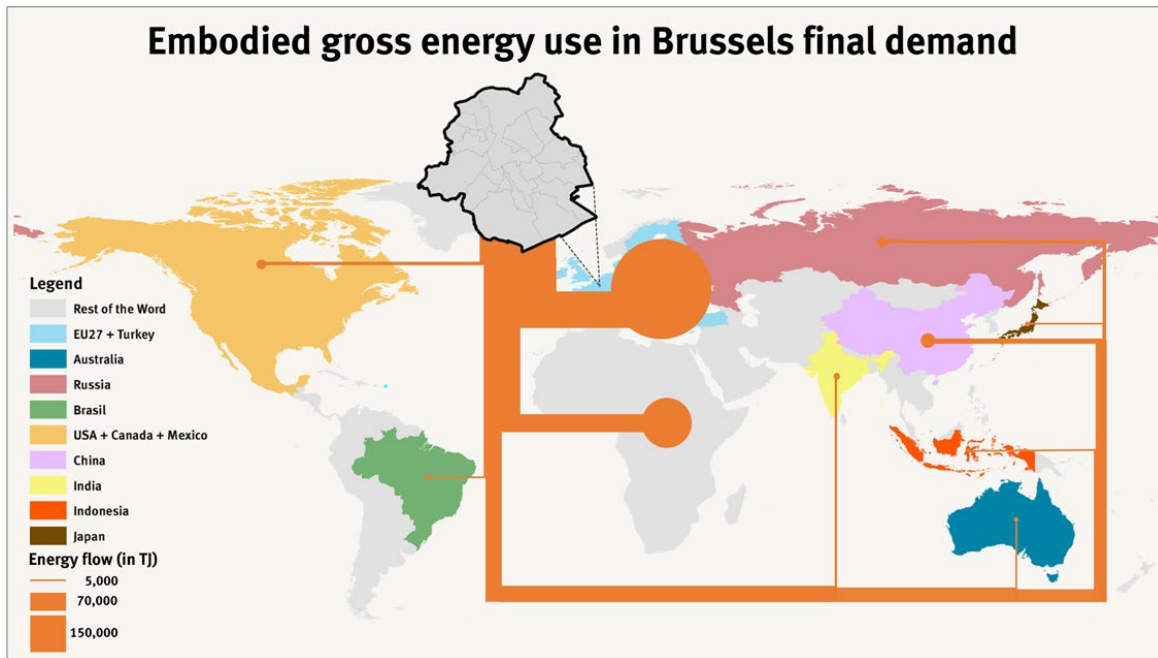


Source : Athanassiadis, et al., 2017

Consumption-based accounting

Brussels, 2010

Indirect/embodied flows, hinterland, need of local IO tables



Source : Athanassiadis, et al., 2017

Territorial/production vs Consumption-based accounting

Pro's of “territorial”

- Accurate data
- Frequently published data
- Enables time series
- Appropriate at urban scale
- Easy to use
- Large pool of case studies
- Available spatial data

Pro's of “consumption”

- Indirect flows
- Spatialises hinterland
- Link global-local
- Systemic overview

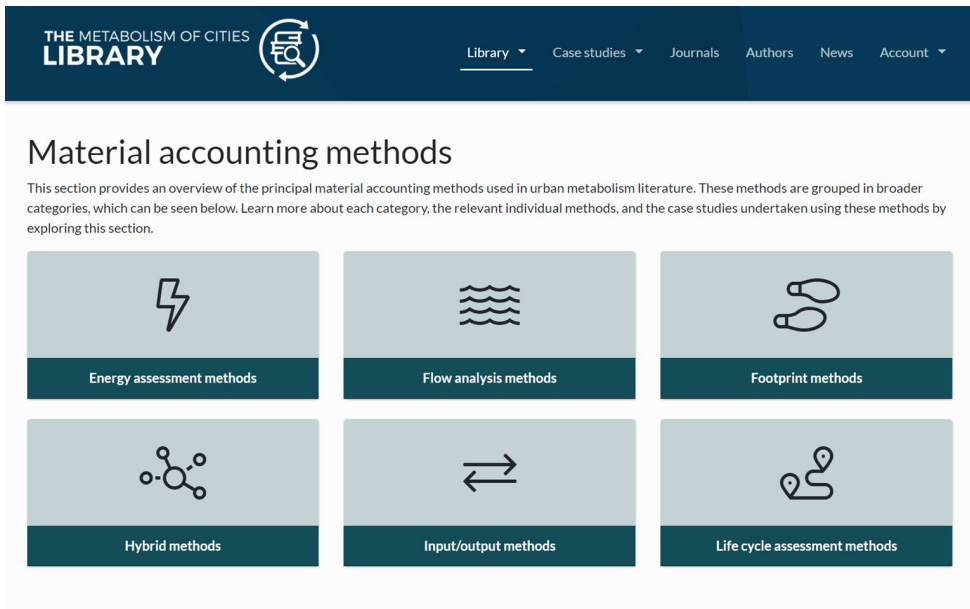
Con's of “territorial”

- No indirect flows
- No standard methodology
- Some flows are not available

Con's of “consumption”

- Uncertainties
- No IO tables at urban level
- Needs experts to use them

No unique accounting method



- Depending on the available data (bottom-up, top-down, local IO tables, etc.)
- Depending on the research question (what are you trying to answer?)

No unique accounting method

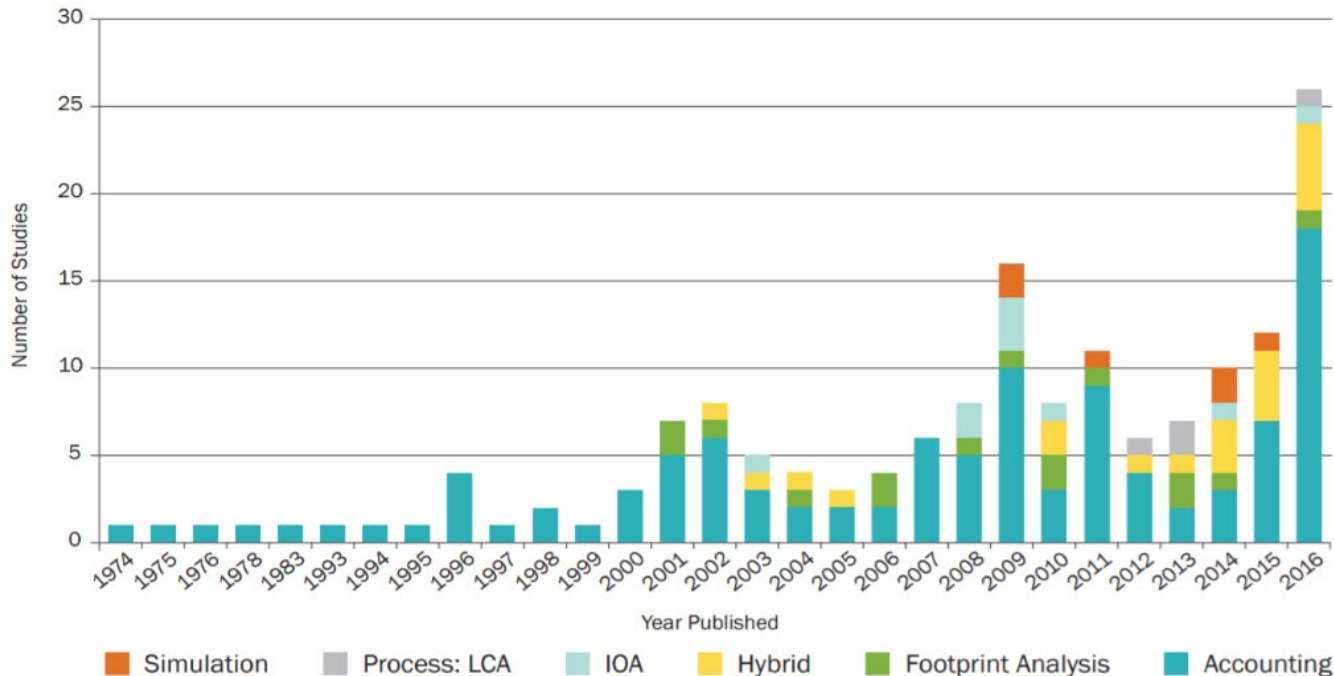


Figure 5: Number of urban metabolism assessment studies over time, showing the increasing diversity of approaches utilised.

Source : Musango et al., 2017



Where to find data?

Urban metabolism studies



Where to find data?

- Approx. 70 urban metabolism studies using specifically MFA methods

THE METABOLISM OF CITIES LIBRARY

Library Case studies Journals Authors News Account

Case studies

Show 10 entries

Search: Material Flow Analysis

Publication	Year	Location	Method(s)
Comprehensive evaluation on industrial & urban symbiosis by combining MFA, carbon footprint and energy methods—Case of Kawasaki, Japan	2017	Kawasaki	Carbon Footprint (CF) Energy Analysis Material Flow Analysis (MFA)
Consumption based footprint of a city	2013	Paris	Carbon Footprint (CF) Environmentally-Extended Input-Output Analysis (EE-IOA) Life Cycle Assessment (LCA) Material Flow Analysis (MFA)
A material flow analysis and ecological footprint of York	2002	York	Ecological Footprint (EF) Energy Balance Material Flow Analysis (MFA)
Incorporating Metabolic Thinking into Regional Planning: The Case of the Sierra Calderona Strategic Plan	2019	Valencia	Ecological Footprint (EF) Energy Accounting Material Flow Analysis (MFA)
Comparison of energy flow accounting, energy flow metabolism ratio analysis and ecological footprinting as tools for measuring urban sustainability: A case-study of an	2012	Limerick	Ecological Footprint (EF) Energy Balance Material Flow Analysis (MFA)

Source : Metabolism of Cities, 2024

Where to find data?



Lausanne
Switzerland

212 documents

Context ○

Biophysical characteristics ○

Infrastructure ○

Stocks and flows ○

✓ 83% data collection completion

[Explore city](#) [Contribute](#)



Geneva
Switzerland

266 documents

Context ○

Biophysical characteristics ○

Infrastructure ○

Stocks and flows ○

✓ 97% data collection completion

[Explore city](#) [Contribute](#)



Zurich
Switzerland

69 documents

Context ○

Biophysical characteristics ○

Infrastructure ○

Stocks and flows ○

✓ 51% data collection completion

[Explore city](#) [Contribute](#)

Source : Metabolism of Cities

Where to find data?

THE METABOLISM OF CITIES
DATA HUB



Cities

Data layers ▾

Library ▾

Community ▾

About ▾

Account ▾

Data inventory: layer overview

 Layer 1: Context

 Layer 2: Biophysical characteristics

 Layer 3: Infrastructure

 Layer 4: Stocks and flows

1.1. Administrative boundaries	151
1.2. Economic activity - descriptions	113
1.3. Economic activity - figures	126
1.4. Population	182
1.5. Policy documents	141
1.6. Actors	22

 View all

This is an open source, community effort
Join us now!

 Community portal

 Subscribe

 View open tasks

 Translate

▾

Where to find data?

THE METABOLISM OF CITIES
DATA HUB

Cities Data layers Library Community About Account

Data inventory: layer overview

Layer 1: Context

Layer 2: Biophysical characteristics

Layer 3: Infrastructure

Layer 4: Stocks and flows

3.00. Land Use	120
3.01. Agriculture	110
3.02. Construction	59
3.03. Electricity generation	90
3.04. Electricity transmission and distribution	60
3.05. Energy storage	26
3.06. Fossil fuel production and distribution	52
3.07. Fishing	33
3.08. Food service	35
3.09. Forestry	37
3.10. Hotels and lodging	37
3.11. Manufacturing: food products	43
3.12. Manufacturing: beverages	29
3.13. Manufacturing: textiles and clothing	30

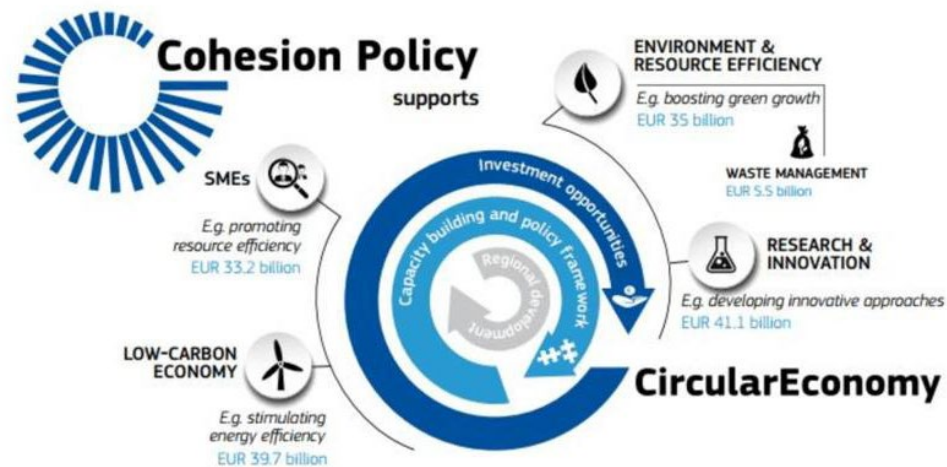
Source : Metabolism of Cities

Table 6 Comparison between Cape Town, Paris, Hamburg, Vienna and Leipzig. All indicators are t/cap

	<i>Hamburg 2001</i>	<i>Vienna 2001</i>	<i>Leipzig 2001</i>	<i>Paris (PPC) 2003</i>	<i>Paris (Île-de-France) 2003</i>	<i>Cape Town 2010*</i>	<i>Cape Town 2013</i>
Total population (million)	3.26	2.12	1.09	6.32	11.3	3.50	3.85
Total km ²	8,616	4,596	4,386	762	12,012		2,461
Density (capita/km ²)	379	461	249	8,295	937	12,059	1,564
Domestic material consumption	11.4	8.8	25.3	4.6	7.1	11.3	3.5
Domestic extraction used				0.0	2.1		1.6
Imports				11.0	10.2		5.8**
Exports				7.9	5.2		3.9**
Domestic processed output				4.3	6.8		2.3
Physical trade balance				3.1	5.0		1.9
Direct material input				11.0	12.3		6.2**
Direct material output				12.2	12.0		7.3**
Net addition to stock				0.7	2.6		2.5

Note: *This study was published in 2010 but the data sources date back to previous years. **These figures include throughput.

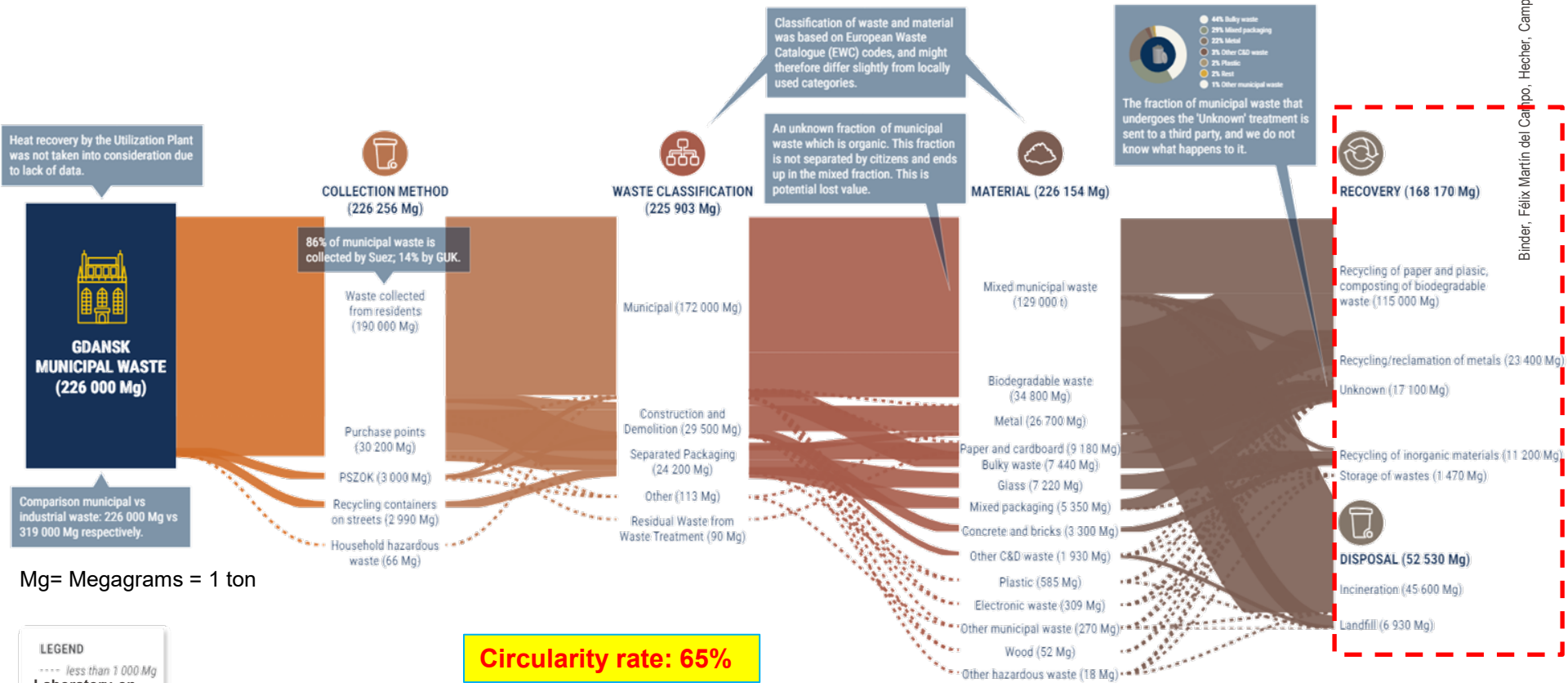
Insights from Urban MFA's and policies

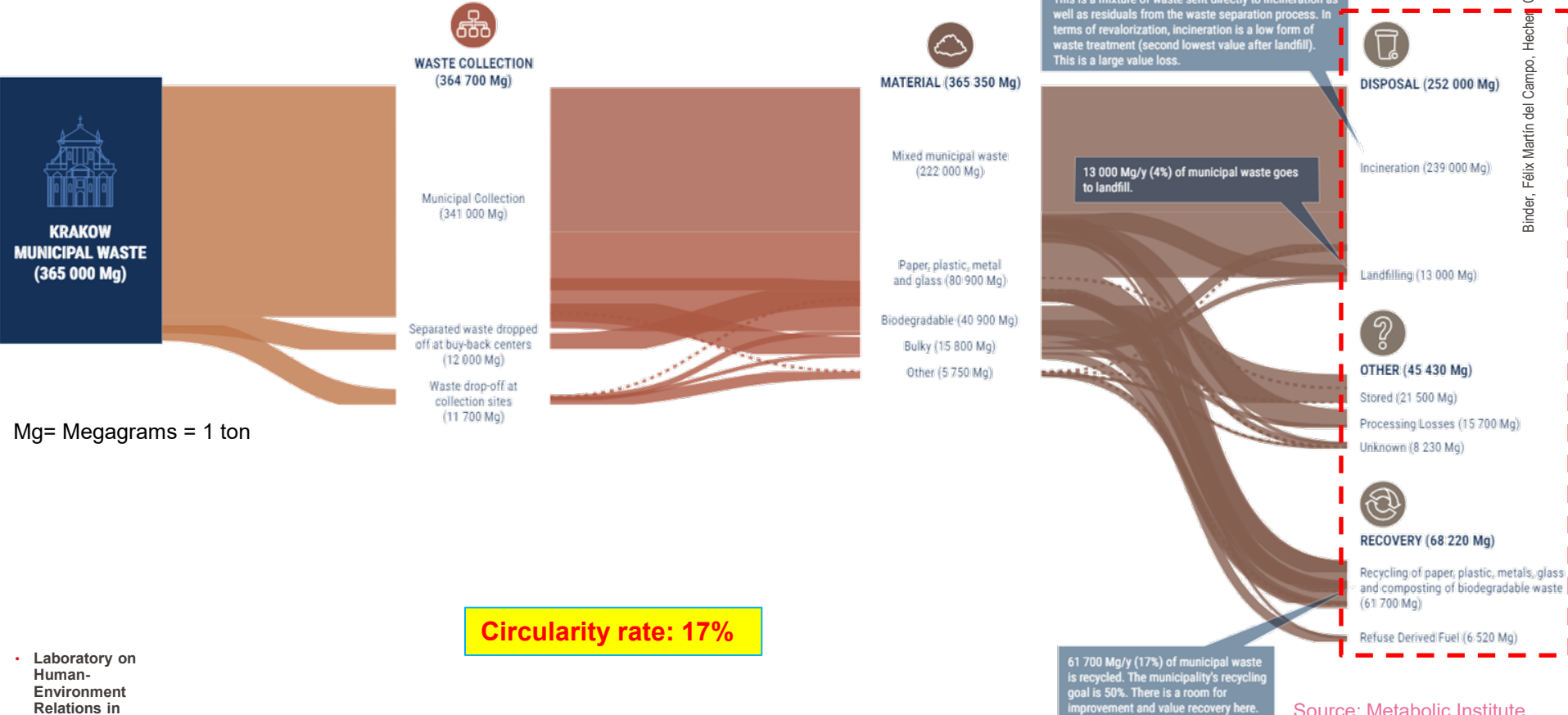


- Laboratory on Human-Environment Relations in Urban Systems

Insights from Urban Metabolism

- Cities are **not** at all **self-sufficient**
 - This reliance on external flows highlights the vulnerability of cities to disruptions in supply chains and resource availability, especially as population growth and urbanization continue
- **Scale** matters
 - To optimize resource management and urban planning, it's crucial to understand the specific context of the scale at which material flows are being assessed
- Difficult to make **circular**
 - To create more circular systems, cities would need to redesign production, consumption, and waste processes. This includes strategies that prioritize infrastructure for material recovery, encouraging modular and reusable design, and shifting economic incentives toward resource conservation

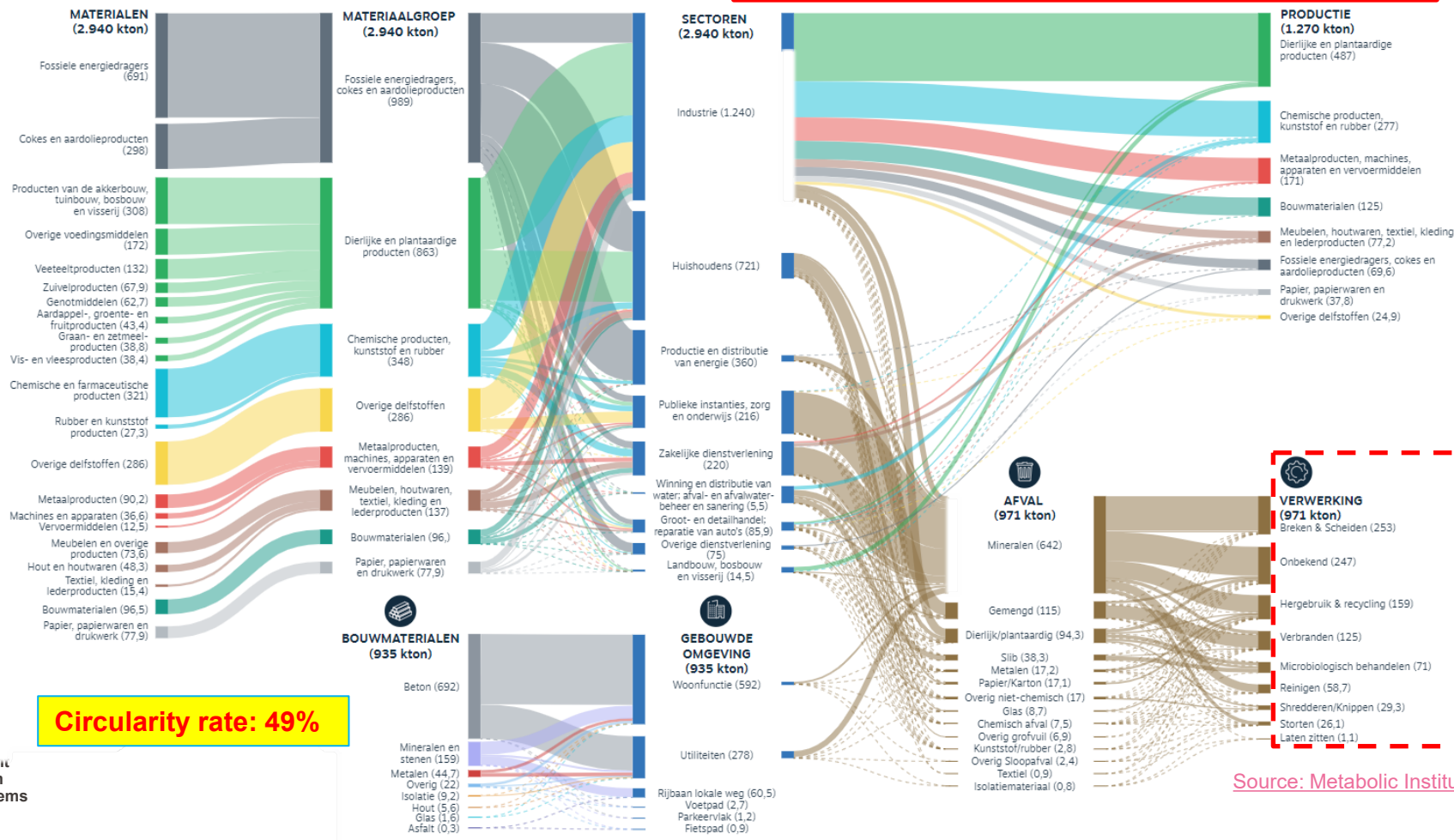




Mg= Megagrams = 1 ton

Urban Metabolism

City of Utrecht, Netherlands, 2021

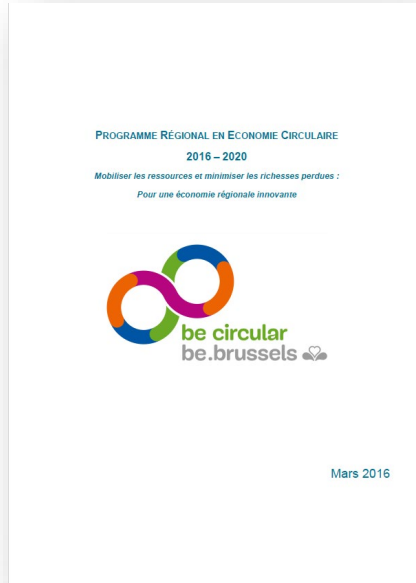


Source: Metabolic Institute

Insights from Policies

- Cities are **not** at all **self-sufficient** – Need to prioritize local resources.
 - Policies that support localized systems for **food, energy, and material recovery** can significantly enhance urban resilience.
- **Scale matters** - Adapt Circular Economy strategies
 - A city-level strategy might prioritize **household recycling** and **community-based resource recovery**, while regional policies might target **industrial by-products** and broader recycling infrastructure
- Difficult to make **circular** - Support Circular Design and Waste Infrastructure.
 - Circular economy policies can drive **eco-design** and **modular construction** approaches, which reduce waste at the source and allow materials to be recovered more easily.

Circular Economy policies at city scale



Circular Economy policies - Brussels

- **Urban metabolism study in 2014-2015**
- **3 ministries, 4 administrations**
- **4 strategic themes**
 - Transversal (43 measures): define a favorable normative and legal framework
 - Sectoral (48 measures): Construction (13), resources and wastes (24), logistics (7), retail (4)
 - Territorial (8 measures)
 - Governance (12 measures)

PROGRAMME RÉGIONAL EN ÉCONOMIE CIRCULAIRE

2016 – 2020

Mobiliser les ressources et minimiser les richesses perdues :

Pour une économie régionale innovante



Mars 2016

Circular Economy policies - Paris

- **Urban metabolism study in 2007**
- **Etats Généraux de l'Economie Circulaire in 2015** (120 organisation proposed 65 initiatives)
- **First roadmap in 2017** (15 actions for 3 scales)
 - Planning and construction (3)
 - Reduction, reuse and repair (4)
 - Support for actors (5)
 - Public procurement (2)
 - Responsible consumption (1)
- **Second roadmap from 2018 to 2019**



PLAN
**ÉCONOMIE
CIRCULAIRE**
de PARIS

ADOPTÉ AU CONSEIL DE PARIS
DES 3, 4 ET 5 JUILLET 2017

2017-2020

Circular Economy policies - London

- **Urban metabolism study in 2002**
- **ReLondon (formerly LWARB) governmental entity, CE Route map**
 - Built environment (13 actions): CE design (5), managing building materials (4), operation of buildings (4)
 - Food (9 actions): preventing avoidable food waste (3), valuing food waste and food surplus (3), maximising use of urban space for food growing (3)
 - Textiles (10 actions): design (1), embedding CE into the textile supply chain (6), re-use and recycling
 - Electricals (11): design (2), extending the life of products (6), and effective collection and recycling (3) aspects.
 - Plastics (7 actions)



An aerial photograph of a desert landscape. A light-colored, winding road or path cuts through the sandy terrain. In the foreground, there are large, dark, rocky outcrops and some sparse, low-lying green shrubs. The background shows a vast, open desert valley with more winding paths and distant hills under a bright sky.

Thank you for your attention!